



**MOUNTAIN  
LODGES**

*Peru*

1-877-491-526  
info@mountainlodgesofperu.com  
mountainlodgesofperu.com

## SACRED VALLEY AND LARES ADVENTURE

### 5 Day Program

The Sacred Valley and Lares Adventure to Machu Picchu is a multi-activity travel experience. You can tailor your adventure by choosing from various activities each day. Every activity is designed to be unique, authentic and highly experiential. Design your own adventure!

#### DAY 1

#### Cusco / Pisaq / Lamay

##### CULTURAL ACTIVITY

##### Awanacancha - Pisaq Town - Viacha

- / Depart from Cusco
- / Visit the textil center of Awanacancha.
- / Visit the town of Pisaq and market.
- / After a short drive we reach the village of Viacha.

##### GROUP ACTIVITY

Visit to the community of Viacha and the archeological site of Pisaq

- / Walk around Viacha and learn more about the agricultural activities of the community.
- / Enjoy a traditional meal cooked under hot stones called Pachamanca
- / Guided tour of the archaeological site of Pisaq.
- Optional:** Hike from the ruins to the town of Pisaq
- / Drive to Lamay Lodge.
- / Free afternoon.

**OVERNIGHT:** Lamay Lodge (el. 9,705' - 2,958 m.)

**BRIEFING:** before dinner

##### HIKE

##### Amaru - Viacha Hike

*Depart from Cusco*

From the local community of Amaru to the local community of Viacha

2.5 - 3 hrs.

Moderate

Mountain pass at an elevation of 14,200' - 4,328 m.



#### DAY 2

#### Lamay / Lares / Huacahuasi

##### GROUP ACTIVITY

Lamay to Ancasmarcha and Lares

- / Depart from Lamay Lodge.
- / Walk around the small town of Lamay.
- / Drive to the archaeological site of Ancasmarcha and guided tour of the ruins.

**OVERNIGHT:** Huacahuasi Lodge (el. 12,585' - 3,835 m.)

**BRIEFING:** before dinner

##### CULTURAL ACTIVITY

##### Choquecancha

- / Drive to the small town of Choquecancha.
- / Guided tour of Choquecancha with the imposing Inca ruins.
- / Lunch in Choquecancha
- / Arrive at Huacahuasi Lodge.

##### HIKE 1

##### Quelquena to Huacahuasi

From Quelquena to Huacahuasi

2 - 2.5 hrs.

Easy to moderate

Mountain pass at an elevation of 12,595' - 3,839 m.

Lunch en route

##### HIKE 2

##### Cuncani to Huacahuasi

From Cuncani to Huacahuasi

3.5 - 4 hrs.

Moderate

Mountain pass at an elevation of 13,838' - 4,219 m.

Lunch en route



## DAY 3

## Huacahuasi to Ollantaytambo

### CULTURAL ACTIVITY

#### Sacred Valley of the Incas

- / Depart Huacahuasi Lodge by vehicle to Sacred Valley.
- / Visit the market in the town of Calca.
- / Visit to a museum of historical artifacts in the valley.
- / Lunch at a countryside restaurant.
- / Drive to Ollantaytambo and explore the town.

### HIKE 1

#### Inca Trail Hike

From Lares pass to the village of Totorá

3 hrs.

Easy to moderate

*Lunch at a countryside restaurant  
Drive to Ollantaytambo and explore the town.*

### HIKE 2

#### Huacahuasi to Patacancha

From Huacahuasi to Patacancha

7 hrs.

Moderate to challenging

*Mountain pass at an elevation of 14,646' - 4,464m.*

*Route lunch at Lake Ipsaycocha.*

**OPTIONAL ACTIVITY:** (afternoon) Drive back and explore the Sacred Valley of the Incas on mountain bike (2 hrs.). Enjoy a visit to an artisanal brewery in which many of their beers are being made with local products (This activity has an additional cost and available only for guests that opt for the cultural activity or the Inca Trail Hike).

**OVERNIGHT:** Hotel in the Sacred Valley of the Incas (el. 9,284' - 2,830m.).

**BRIEFING:** before dinner



## DAY 4

## Ollantaytambo to Machu Picchu Pueblo

### HIKE 1 (optional - early morning)

#### Lower Pinkuylluna Ruins

Lower Pinkuylluna mountain above Ollantaytambo

1 - 1.5 hrs.

Moderate

### HIKE 2 (optional - early morning)

#### Higher Pinkuylluna Ruins

Higher Pinkuylluna mountain above Ollantaytambo

2 - 2.5 hrs.

Moderate to challenging

### GROUP ACTIVITY

Ollantaytambo Archeological Site and Machu Picchu Pueblo

- / Guided tour of the archaeological site of Ollantaytambo.
- / Free time to explore the town and market on your own.
- / Walk to train station.
- / Board the train to Machu Picchu Pueblo with box lunch.
- / Arrive at Machu Picchu town (Aguas Calientes) and check in at the Inkaterra Pueblo Hotel.
- / Free afternoon.

**OVERNIGHT:** Hotel in Aguas Calientes town (el. 6,232' - 1,900 m.), located in the base town of Machu Picchu.

**BRIEFING:** before dinner



## DAY 5

## Machu Picchu Sanctuary and Return to Cusco

### GROUP ACTIVITY

Machu Picchu Sanctuary guided tour and return to Cusco

- / Depart from the hotel for the bus ride to Machu Picchu Sanctuary.
- / Guided tour of the Inka citadel.
- / Optional activities (A & B).
- / Lunch at Inkaterra Pueblo Hotel back in the town.
- / Walk to the train station.
- / Board the train to Ollantaytambo.
- / Upon arrival in Ollantaytambo, we board our private vehicle for the return drive to Cusco.
- / Arrive to Cusco.

### CULTURAL ACTIVITY

#### Free time in Machu Picchu

- / Free time to explore the ruins on your own.
- / Recommended excursion to the Sun Gate.



### HIKE

#### Huayna Picchu *(subject to availability)*

Σ Guided hike of Huayna Picchu mountain

🕒 2 - 2.5 hrs.

🚶 Moderate to challenging

⚡ Mountain pass at an elevation of 8924' - 2,720 m.



## SACRED VALLEY AND LARES ADVENTURE

### 7 Day Program

The Sacred Valley and Lares Adventure to Machu Picchu is a multi-activity travel experience. You can tailor your adventure by choosing from various activities each day. Every activity is designed to be unique, authentic and highly experiential. Design your own adventure!

#### DAY 1

#### Cusco / Chinchero / Lamay

##### GROUP ACTIVITY

Visit to the archaeological site of Chinchero

/ Depart from Cusco.

/ Guided visit of the archaeological site of Chinchero.

**OVERNIGHT:** Lamay Lodge (el. 9,705' - 2,958 m.)

**BRIEFING:** before dinner

##### CULTURAL ACTIVITY

##### Moray - Maras Salt Mines - Sacred Valley

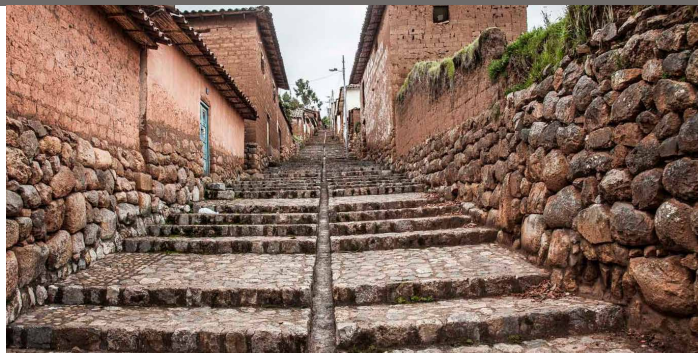
/ Extended visit to Chinchero

/ Guided tour of Moray Inca Agricultural Site

/ Box lunch by the Maras Salt Mines

/ Visit to the Salt Mines with optional hike to Pichingoto

/ Arrive at Lamay Lodge



##### HIKE 2

##### Chinchero to Urquillos

From Chinchero to Urquillos



3 hrs.



Easy to Moderate



Box lunch en route

#### DAY 2

#### Lamay / Pisaq / Viacha

##### CULTURAL ACTIVITY

##### Pisaq Town - Viacha

/ Visit the town of Pisaq and market.

/ After a short drive we reach the village of Viacha.

**Optional:** Bike along the Urubamba river from Lamay to Pisaq Town / Duration 2-3 hrs. / Easy to moderate.

##### HIKE

##### Amaru - Viacha

From the local community of Amaru to the local community of Viacha



2.5 - 3 hrs.



Moderate

Mountain pass at an elevation of 14,200' - 4,328 m.

##### GROUP ACTIVITY

Visit to the community of Viacha and the archeological site of Pisaq

/ Walk around Viacha and learn more about the agricultural activities of the community.

/ Enjoy a traditional meal cooked under hot stones called Pachamanca

/ Guided tour of the archaeological site of Pisaq.

**Optional:** Hike from the ruins to the town of Pisaq

/ Drive to Lamay Lodge.

/ Free afternoon.

**OVERNIGHT:** Lamay Lodge (el. 9,705' - 2,958 m.)

**BRIEFING:** before dinner



## DAY 3

## Lamay / Lares / Huacahuasi

### GROUP ACTIVITY

Lamay to Ancasmарca and Lares

- / Depart from Lamay Lodge.
- / Walk around the small town of Lamay.
- / Drive to the archaeological site of Ancasmарca and guided tour of the ruins.

**OVERNIGHT:** Huacahuasi Lodge (el. 12,585' - 3,835 m.)

**BRIEFING:** before dinner



### CULTURAL ACTIVITY

#### Choquecancha

- / Drive to the small town of Choquecancha.
- / Guided tour of Choquecancha with the imposing Inca ruins.
- / Lunch in Choquecancha
- / Arrive at Huacahuasi Lodge.

### HIKE 1

#### Quelquena to Huacahuasi

↗ From Quelquena to Huacahuasi

🕒 2 - 2.5 hrs.

🚶 Easy to moderate

⛰ Mountain pass at an elevation of 12,595' - 3,839 m.

📍 Lunch en route

### HIKE 2

#### Cuncani to Huacahuasi

↗ From Cuncani to Huacahuasi

🕒 3.5 - 4 hrs.

🚶 Moderate

⛰ Mountain pass at an elevation of 13,838' - 4,219 m.

📍 Lunch en route

## DAY 4

## Huacahuasi

### CULTURAL ACTIVITY

#### Explore the village & cooking class

- / Depart from Huacahuasi Lodge
- / Visit the community of Huacahuasi and meet local people in their homes
- / Return to the lodge
- / Cooking class
- / Lunch and afternoon at leisure

### HIKE 1

#### Huacahuasi Waterfalls

↗ Visit to the community of Huacahuasi and walk to nearby waterfall

🕒 1 - 2 hrs.

🚶 Easy

📍 Snack by the waterfall  
Return to the lodge for lunch. Afternoon at leisure.

### HIKE 2

#### Quiswarani to Huacahuasi

↗ From Quiswarani to Huacahuasi

🕒 6 - 7 hrs.

🚶 Challenging

⛰ Mountain pass at an elevation of 14,505' - 4,421 m.

📍 Lunch by the lake

**OVERNIGHT:** Hotel in the Sacred Valley of the Incas (el. 9,284' - 2,830m.).

**BRIEFING:** before dinner





## DAY 5

## Huacahuasi to Ollantaytambo

### CULTURAL ACTIVITY

#### Sacred Valley of the Incas

- / Depart Huacahuasi Lodge by vehicle to Sacred Valley.
- / Visit the market in the town of Calca.
- / Visit to a museum of historical artifacts in the valley.
- / Lunch at a countryside restaurant.
- / Drive to Ollantaytambo and explore the town.

### HIKE 1

#### Inca Trail Hike

- From Lares pass to the village of Totorá

3 hrs.

Easy to moderate

Mountain pass at an elevation of

*Lunch at a countryside restaurant  
Drive to Ollantaytambo and explore the town.*

### HIKE 2

#### Huacahuasi to Patacancha

- From Huacahuasi to Patacancha

7 hrs.

Moderate to challenging

Mountain pass at an elevation of 14,646' - 4,464m.

*Route lunch at Lake Ipsaycocha.*

**OPTIONAL ACTIVITY:** (afternoon) Drive back and explore the Sacred Valley of the Incas on mountain bike (2 hrs.). Enjoy a visit to an artisanal brewery in which many of their beers are being made with local products (This activity has an additional cost and available only for guests that opt for the cultural activity or the Inca Trail Hike).

**OVERNIGHT:** Hotel in the Sacred Valley of the Incas (el. 9,284' - 2,830m.).

**BRIEFING:** before dinner



## DAY 6

## Ollantaytambo to Machu Picchu Pueblo

### HIKE 1 (optional - early morning)

#### Lower Pinkuylluna Ruins

- Lower Pinkuylluna mountain above Ollantaytambo

1 - 1.5 hrs.

Moderate

### HIKE 2 (optional - early morning)

#### Higher Pinkuylluna Ruins

- Higher Pinkuylluna mountain above Ollantaytambo

2 - 2.5 hrs.

Moderate to challenging

### GROUP ACTIVITY

Ollantaytambo Archeological Site and Machu Picchu Pueblo

- / Guided tour of the archaeological site of Ollantaytambo.
- / Free time to explore the town and market on your own.
- / Walk to train station.
- / Board the train to Machu Picchu Pueblo with box lunch.
- / Arrive at Machu Picchu town (Aguas Calientes) and check in at the Inkaterre Pueblo Hotel.
- / Free afternoon.

**OVERNIGHT:** Hotel in Aguas Calientes town (el. 6,232' - 1,900 m.), located in the base town of Machu Picchu.

**BRIEFING:** before dinner



## DAY 7

## Machu Picchu Sanctuary and Return to Cusco

### GROUP ACTIVITY

Machu Picchu Sanctuary guided tour and return to Cusco

Depart from the hotel for the bus ride to Machu Picchu Sanctuary.  
Guided tour of the Inka citadel.  
Optional activities (A & B).  
Lunch at Inkaterra Pueblo Hotel back in the town.  
Walk to the train station.  
Board the train to Ollantaytambo.  
Upon arrival in Ollantaytambo, we board our private vehicle for the return drive to Cusco.  
Arrive to Cusco.



### CULTURAL ACTIVITY

#### Free time in Machu Picchu

- / Free time to explore the ruins on your own.
- / Recommended excursion to the Sun Gate.

### HIKE

#### Huayna Picchu *(subject to availability)*

Σ Guided hike of Huayna Picchu mountain

🕒 2 - 2.5 hrs.

🚶 Moderate to challenging

⚓ Mountain pass at an elevation of 8924' - 2,720 m.